



Mrs Nairne's Headlines

Christmas Songs

As we are now in December, we have started to hear the Christmas songs being sung around the school. During the last week of term, children will be performing their songs to you.

You can find information on [page 6](#) of this newsletter. We look forward to seeing you in school enjoying the children's singing.

Maths Week

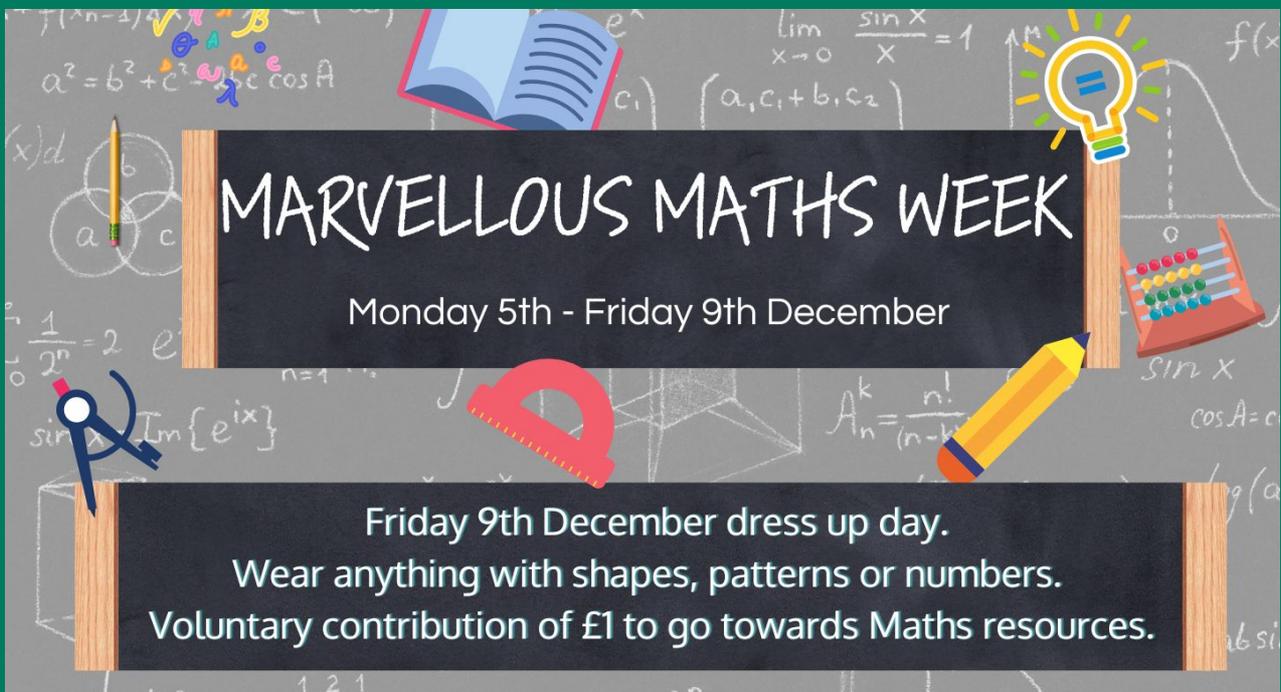
Next week is Marvellous Maths Week! Children will take part in Maths activities and games. We love Maths at Handsworth and it is important that our children see themselves as Mathematicians.

We will end our week with a day in which children can come to school dressed in clothes that have shapes, patterns and numbers on. We are asking for a voluntary £1 donation to go towards Maths resources.

Winter Wonderland

Thank you to our amazing Wellbeing Ambassadors who helped to organise our Winter Wonderland. We have had a wonderful day visiting Santa. On [page 4](#) of this newsletter is information about a Writing competition we are launching. Ms Addai and I would love to read some writing from the children, there will be lots of prizes to be won!

A special mention to our cheeky elf friends, we couldn't have given our children this experience without you! Thank you so so much.



MARVELLOUS MATHS WEEK
Monday 5th - Friday 9th December

Friday 9th December dress up day.
Wear anything with shapes, patterns or numbers.
Voluntary contribution of £1 to go towards Maths resources.









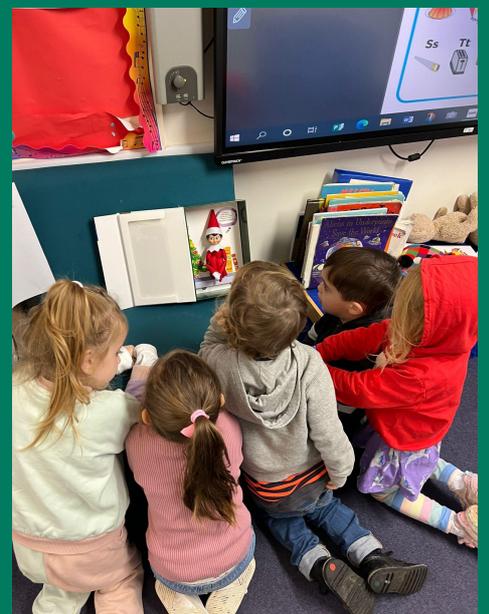
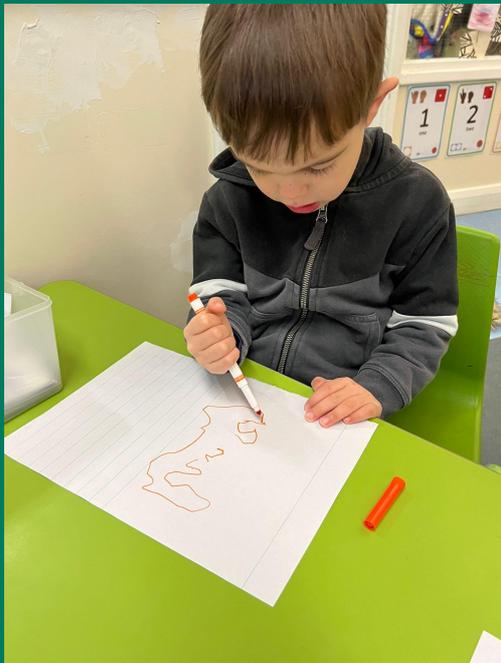


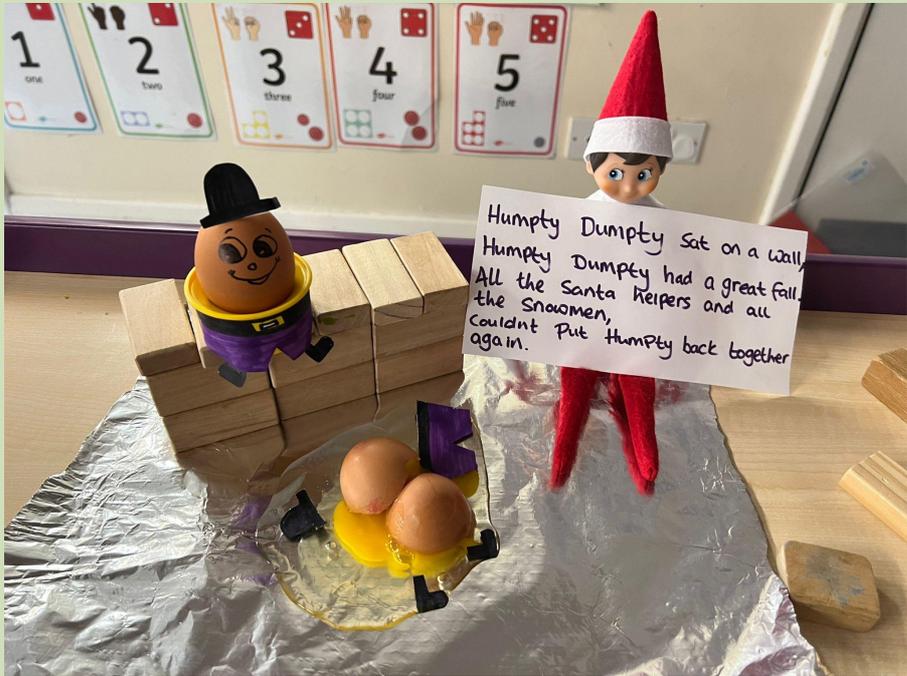
We have a new little friend in nursery!

The children were talking to our elf, they introduced themselves and told the elf interesting stories.

The children then went to the writing area to write the name they would like our elf to be called. We had some great ideas!

The children decided on Rocket!
Welcome to Handsworth Rocket the elf.





Some beautiful Art in Year 1!





Year 4 had an amazing time at Sports Hall Athletics



Winter Wonderland Writing Competition



We would like to invite you to enter our Handsworth
Primary School writing competition!

Write a description, narrative, poem or newspaper report
about our Winter Wonderland.

There are prizes to be won and writing will be put on our
special writing wall.

The closing date will be Friday 6th January

Festive Songs



Reception

Tuesday 13th December 2.30pm
In the main hall

Year 1

Wednesday 14th December 2.45pm
In the main hall

Year 2

Thursday 15th December 2.45pm
In the main hall

Key Stage 2

Friday 16th December 1.45pm
In The Playground



Come and
Join us

WE CAN'T WAIT TO PERFORM OUR
SONG TO YOU



Christmas Dinner Day is Thursday 8th December. Children can wear their Christmas Jumpers and Christmas accessories on this day.



**WE ARE SO PROUD
OF YOU ALL!**

WELL DONE!



The Girls' Football team took part in the Waltham Forest Girls' Football competition. They were excellent role models of sportsmanship and resilience. Well done!

Wellbeing Ambassadors



We are so proud of our Wellbeing Ambassadors who worked hard to organise today's Wellbeing Winter Wonderland for the children.

They added suggestions, ideas and made sure that the experience was the best that it could be.

Thank you all for your dedication. We can't wait to see what you can do in the future. Remember you can see our Wellbeing Ambassadors on the gate in the mornings.

<p>Yoga</p> 	<p>Listen to the Sounds</p> <p>Go outside and sit or lie down. What sounds can you hear?</p>	<p>Get Up and Move</p> <p>Get up and do 5-10 minutes of exercise.</p>	<p>Read a Book</p> 
<p>Look at the Sky</p> <p>Go outside and look up at the sky. What can you see?</p>	<p>Journal Writing</p> 	<p>Get Creative</p> 	<p>What is your Favourite Colour?</p> <p>Find 10 things around your house that are your favourite colour.</p>
<p>Cuddle your Pet</p> 	<p>What is your Favourite Song?</p> <p>Sing and dance to your favourite song.</p>	<p>Pilates</p> 	<p>Tidy Your Area</p> 

Some suggestions from the Wellbeing Ambassadors of some activities you can try if you are having a bad day.

Have you made mistakes as a parent?

We all have difficult times when we know we are messing up. Sometimes, we get triggered, and we forget to see things from our child's perspective. So, we lose it, react to their behaviour, and can later be left filled with remorse. As this is a particularly busy time of year for many, we can easily feel more stressed, which makes it more difficult to practice patience and calm when faced with challenging behaviours. It is helpful to remind ourselves that most things can be repaired.

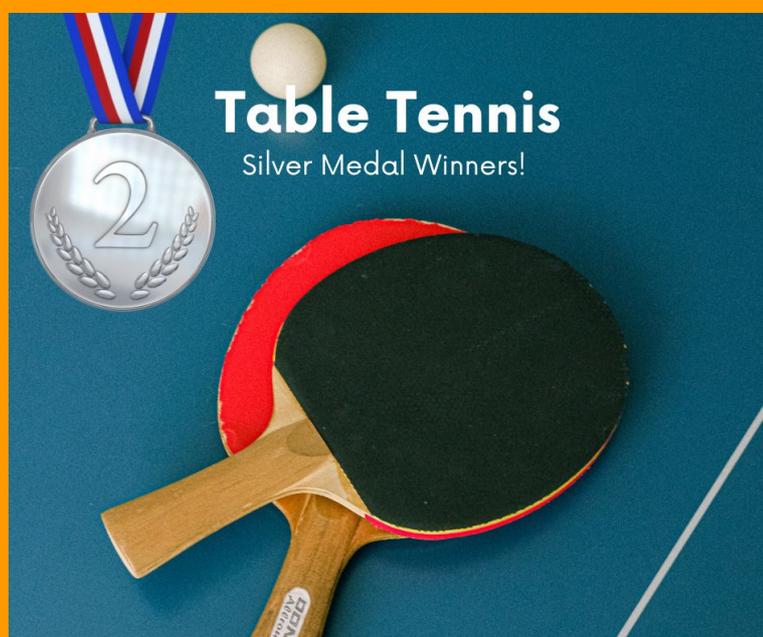
How can parents help?

Parenting is hard and we are only human – which means that your child doesn't need you to be perfect. In fact, what he needs from you is the space to be imperfect too, and to be loved and accepted for who they are. Luckily, we can model how to repair: *"I'm so sorry I yelled at you...You don't ever deserve to be yelled at. Let's rewind and try again. Here is what I meant to say..."* As long as, our ruptures are followed by reconnection and outweighed by positive moments, they become learning opportunities for our children.

With best wishes, Greta
Integrative Child Psychotherapist



A big well done to the Girls' Table Tennis Team. They won a silver medal at the Waltham Forest Girls' Table Tennis Competition.



Star of the Week



NHW

ELIZA

1IL

PARID

RAO

EMILIA

1MJ

HUGO

RHH

HUW

2KC

LAURENCE

2BD

PENELOPE



3TC

ROBIN

5MW

AIDA

3LB

MATTHEW

5RT

JACOB

4FB

LOTTIE

6SN

YUSUF

4JG

ANNA

6MU

HARRY

The purpose of Star of the Week is for us to have the opportunity to celebrate every child in our community specifically. We encourage everyone to celebrate what is wonderful about that child. Children do not need to do anything to earn Star of the Week – each child deserves it and they will each get a turn. The stars also have the opportunity to have tea with Mrs Nairne and Ms Addai. **We understand that some children didn't get a chance to come today, we will celebrate with them next week!**

If your child is Star of the Week we encourage you to ask them to repeat to you some of the positive statements their classmates and teachers make about them and add your own!